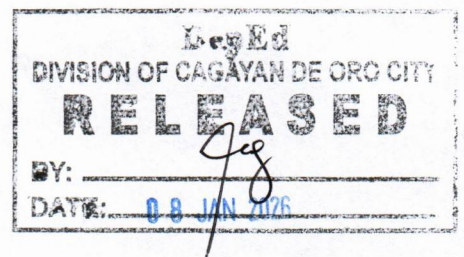




Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY



Office of the Schools Division Superintendent

07 JANUARY 2026

DIVISION MEMORANDUM
No. 23 s.2026

CELEBRATION OF THE 22nd NATIONAL DENTAL HEALTH MONTH

TO: All Public Schools District Supervisors
School Health Personnel
All Elementary and Secondary Public School Heads and Principals
Oplan Kalusugan Health Coordinators
This Division

1. In reference to the Presidential Proclamation No. 559 dated February 24, 2004, which declares the month of February of every year as National Dental Health Month, the Department of Education encourages all public elementary and secondary schools to actively participate in the celebration of **22nd National Dental Health Month**. This nationwide observance shall be conducted from February 1 to February 28, 2025, in support of the Department Of Health #Ngiting7O2O Oral Health Program.

2. The celebration aims to increase awareness among public school communities on the importance of proper oral hygiene practices and to support the #Ngiting7O2O goal of retaining at least twenty (20) healthy and functional teeth by the age (70). It emphasizes preventive oral health measures, particularly regular toothbrushing with fluoride toothpaste, as an effective and affordable intervention to reduce the burden of oral diseases such as dental caries and gum infections, which adversely affect learners' health, nutrition, school attendance, and academic performance.

3. Schools are encouraged to conduct the following activities in line with the celebration:

- Daily supervised toothbrushing using fluoride toothpaste;
- Oral health education focusing on proper toothbrushing techniques, healthy eating habits, and the importance of regular dental check-ups;
- Information dissemination activities such as poster-making contests, lectures, classroom discussions, and advocacy campaigns related to oral health; and
- Other related activities that will strengthen oral health awareness and promote positive health behaviors among learners.



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4. In line with Oplan Kalusugan sa DepED and implementation of the School Health and Nutrition Program, and in support of the Department of Health #Ngiting7020 initiative, the **Bright Smiles, Bright Futures Oral Health Kit** supplies intended for **Kindergarten and Grade I learners** shall be claimed at the Division Office-Health Section by the designated personnel. The said oral health kit shall be distributed on February 2, 2026, in conjunction with the celebration of National Dental Health Month, to promote proper oral hygiene habits among young learners.
5. School Heads are directed to ensure the timely, proper, and equitable distribution of the oral health kits to the intended recipients and to integrate the activity with school-based oral health education and supervised toothbrushing activities, consistent with DepEd policies on learner health promotion.
6. All concerned schools shall submit and Accomplishment Report, with photo documentation and corresponding captions, to the Division Office-Health Section on or before March 10, 2026, for monitoring, evaluation, and consolidation purposes.
7. Compliance with this memorandum is hereby enjoined.

ROY ANGELO E. GAZO
Schools Division Superintendent

Encl.: As stated
Reference: As stated
To be indicated in the Perpetual Index
under the following subjects: School Dental Health Care Program, OK sa DepEd
DM-112-SGOD-SHN-JAC



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